## ACCESS<sup>+</sup> **Sedera Medical Cost Sharing** AN OVERVIEW





APSD-1.1



- How it Works
- Members Helping Members
- Why is MCS unique?

#### What Makes Medical Cost Sharing Unique

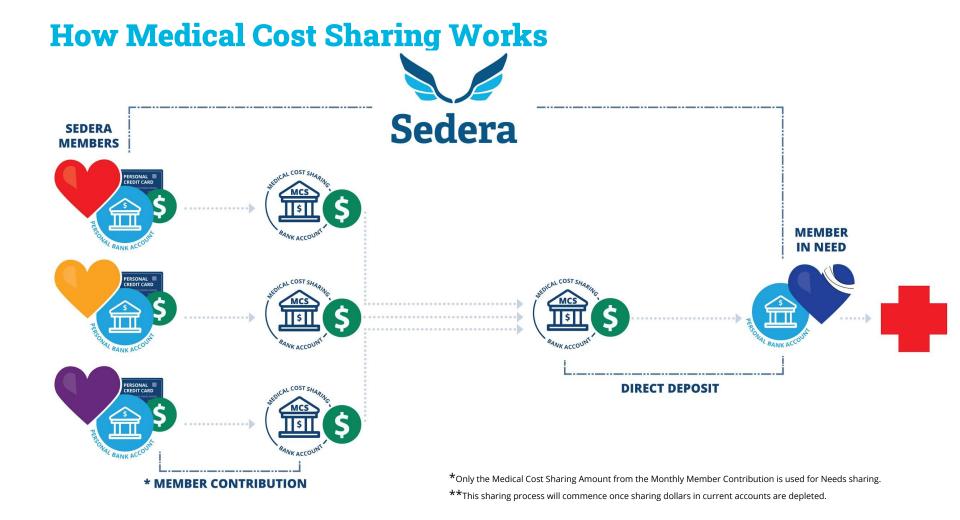
Every Member is a Cash Pay Patient



Freedom From Networks

Medical Cost Sharing by Sedera is not insurance and is specific to the Sedera Medical Cost Sharing Community. To participate, one must be a member of an authorized association/membership organization or Employer and personally agree to abide by the Sedera benevolence guidelines. Sedera is NOT a Health Care Sharing Ministry (HCSM) and its members do NOT qualify for the Individual Mandate exemption in the Affordable Care Act through the Sedera Membership. Members can meet the Minimum Essential Coverage (MEC) requirements in other ways if desired.

\*Industry-wide statistic source: <u>www.healthcaresharing.org</u>



# Healthy Lifestyle

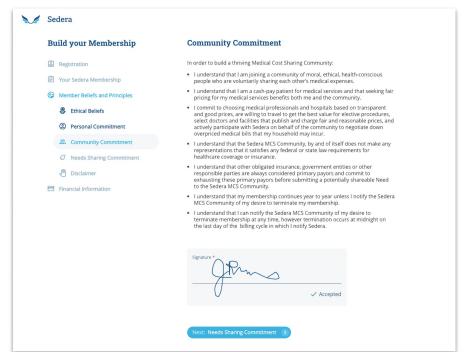


- Member Beliefs
- Member Commitment
- Medications
- Pre-existing Conditions

### **Member Beliefs and Principles**

The Members of the Sedera Medical Cost Sharing Community are united by a shared commitment to a set of beliefs and principles. They agree to these as part of the enrollment process.

- Ethical Beliefs
- Personal Commitments
- Community Commitments
- Needs Sharing Commitments





### **Choosing a Healthy Lifestyle**



- + Smart choices (diet, exercise, lifestyle, etc.) can greatly improve one's quality of life
- + When a community of like-minded people agree to strive for a healthy lifestyle and share one another's health care expenses, everyone wins!



- + To strive for a healthy and balanced lifestyle
- + To not use illegal narcotics
- + To not operate vehicles while intoxicated
- + Tobacco users \$75 surcharge per month\*

\* Tobacco users age 50 and older have a \$25,000 per Need sharing limit for the top four disease states associated with tobacco usage: Heart Disease, Stroke, COPD and Cancer. See Sedera Member Guidelines for more information.

### **Three Components**



**Examples:** Surgery due to an accident, Hospitalization related to an illness or Diagnostic Imaging

**Examples:** Cold, sinus infection, flu, UTI, mental health

**Examples:** Preventive Colonoscopy and Mammograms, Childhood Immunizations, flu shots



- Defining a "Need"
- How it Works
- Medical Cost Sharing in Real Life

### **Defining a "Need" and How it Works**



#### A "Need" is one or more medical expenses caused by a SINGLE accident or illness

#### **Initial Unshareable Amount (IUA)**

What members pay before Sharing begins for the Need

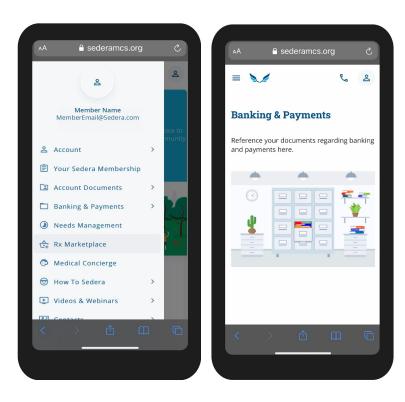
**Needs that exceed your IUA (\$500, \$1,000, \$1,500, \$2,500, \$5,000)** Fully Shareable with the community

#### Limiting your out-of-pocket costs

Three (3) needs per individual and five (5) per family. \$0 IUA for eligible needs after that point (as determined by the Membership Guidelines).

### **Submitting a Need**

#### Members submit a Need via Member Portal





### **Medical Cost Sharing in Real Life**

For example, a family's one year old child had a persistent ear infection. Their deductible was \$5,000/ per family member threshold.

#### Care for the child required:

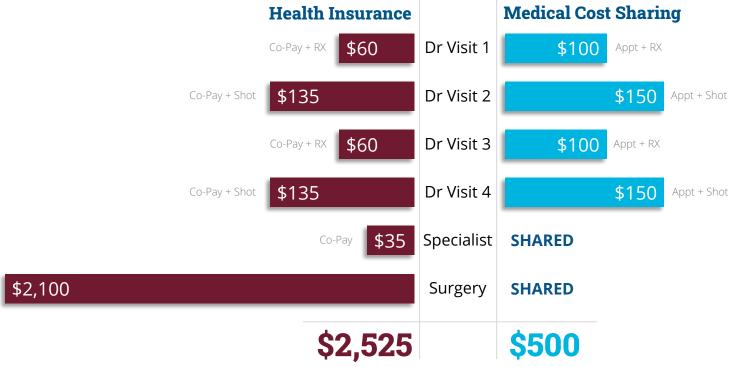
+ A series of antibiotics and booster injections.

+ Visit with an ENT specialist who inserted tubes in the child's ear at a local hospital



### **Medical Cost Sharing in Real Life (continued)**

A family's one-year old child had a persistent ear infection. Their deductible was \$5,000/per family member.





### **Pre-existing Conditions**

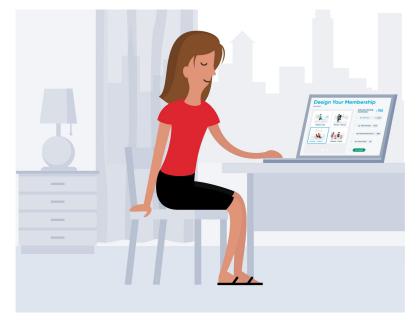
### Pre-existing Conditions: Sharing Restrictions\*

A condition is considered pre-existing if a member had symptoms or treatment in the last 36 months at the time of joining the community.

- + Year 1: Not sharing for the condition
- + Year 2: \$15,000 sharing limit for the condition
- + Year 3: \$30,000 sharing limit for the condition
- + Year 4: Fully shareable



# Small to Medium Costs Preventive Care



- Direct Care
- Member Services
- Preventive Care
- Enrollment

### **Medications**

#### **Curative Medications**

**Examples:** Antibiotics, pain medications related to a car accident or post pregnancy, chemotherapy drugs, etc.

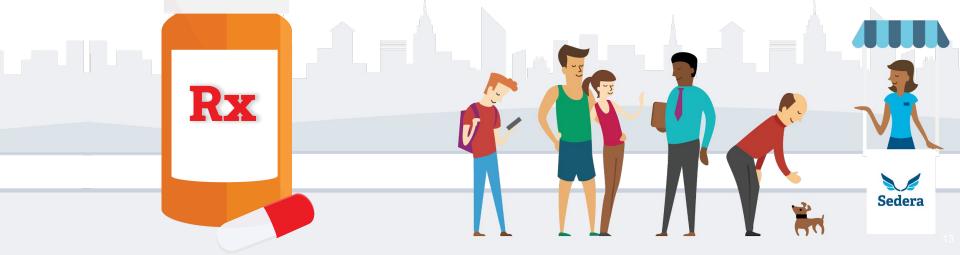
+ Same sharing rules apply

#### **Maintenance Medications**

**Examples:** Blood pressure medications, cholesterol medications, etc.

+ Sharing eligible for first 120 days following a new diagnosis

+ After 120 days on a new diagnosis (or for an existing diagnoses): Good resources for securing discounted prices on maintenance medications



### **The Rx Marketplace**





#### A Powerful Prescription Medication Discount Shopping Tool

Incorporating 8 Different Programs, 66,000 US Pharmacies, 20 International Pharmacies

#### **Members Choose:**

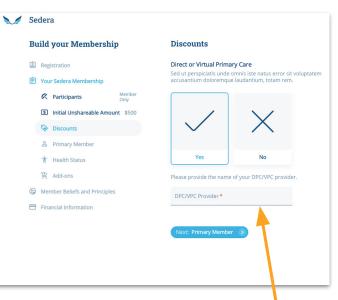
- Discount Card
- Home Delivery
- International Mail Order
- Patient Assistance Programs

#### **Free for Members!**

### **Direct Care Map**

#### Making Being a Cash Pay Patient Easy







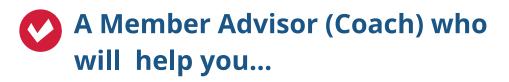
Discount on Monthly Member Contribution patient of a DPC Member enters DPC name and sends proof of Membership

### **Sedera Member Services**



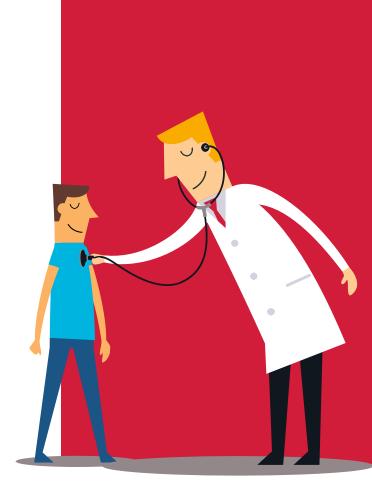


Nation's Top Doctors (2nd.MD)



+ Navigate the world of Medical Cost Sharing
+ Find Medical Care and Cash Pay Friendly Providers
+ Understand the Medical Cost Sharing Guidelines
+ Get connected to Expert 2<sup>nd</sup> Opinions and Telemedicine

You are never a number with Sedera.



### **Preventive Care**

#### **Preventive Care**

- Preventive colonoscopy age 50+
- Preventive mammogram age 40+
- Childhood immunizations
- Flu shots for all ages

#### **Summary**



+ Medical Cost Sharing for incidents that exceed your IUA

**Examples:** Surgery due to an accident, Hospitalization related to an illness or Diagnostic Imaging

+ Optional Teladoc™ or Direct
Care Membership:
+ No limits/co-pay/co-insurance

**Examples:** Cold, sinus infection, flu, UTI

**Examples:** Preventive Colonoscopy age 50+, Mammogram age 40+, and Childhood Immunizations

+ Age Appropriate Services

### **Awarded Best In Class**





2020 BEST PLACES TO WORK







#### ★ ★ ★ ★ ★ 60 Reviews

#### Inc. 5000

Sedera ranked number 193 in the Inc. 5000 list of the fastest-growing private companies in America, putting Sedera in the top 4% of companies overall.

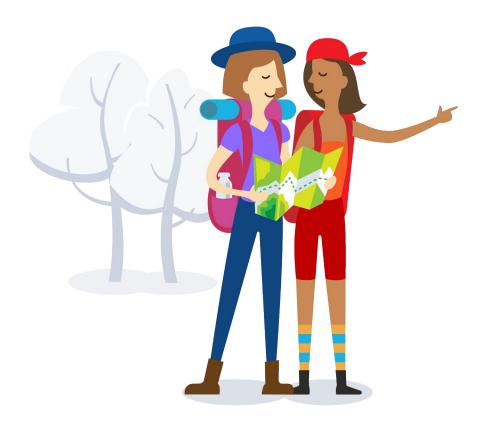
#### **Austin Business Journal**

In 2019, Sedera ranked #1 in the Small Business Category in the Austin Business Journal. In 2020, Sedera was placed on the "Fast 50" list for Large Businesses in the Austin Business Journal.

#### **Better Business Bureau**

In 2020, Sedera was nominated as a finalist for the prestigious 2020 BBB Torch Award for Marketplace Ethics.

### **Ready to Enroll?**



Sedera offers a refreshingly different approach for managing large healthcare costs free of third-parties and networks. Medical Cost Sharing allows you to enjoy a direct relationship with your medical providers while taking control of your costs.

Members never tackle difficult healthcare decisions alone, our like-minded Community is there to share in the burdens of unexpected medical costs.

#### **Get started today!**

## **Thank You!**

#### Sedera.com | 800.473.5472

WARNING: THE SEDERA MEDICAL COST SHARING COMMUNITY AND/OR SEDERA, INC. ARE NOT INSURANCE COMPANIES AND THE SEDERA MEDICAL COST SHARING MEMBERSHIP IS NOT ISSUED OR OFFERED BY AN INSURANCE COMPANY, WHETHER A MEMBER/HOUSEHOLD CHOOSES TO SEND MONETARY ASSISTANCE TO YOU AND/OR YOUR HOUSEHOLD TO HELP WITH YOUR MEDICAL COST SHARING COMMUNITY AND/OR SEDERA, INC. HAS ANY RIGHT TO COMPEL PAYMENT OF MEDICAL COST SHARING COSTS FROM ANY MEMBER, THE SEDERA MEMBERSHIP IS NOT AND SHOULD NEVER BE CONSIDERED TO BE OR TO BE LIKE A GROUP INSURANCE POLICY OR AN INDIVIDUAL INSURANCE POLICY. WHETHER HAVE ANY MONEY FOR MEDICAL EXPENSES, OR WHETHER TON THIS MEMBERSHIP IS NOT AND SHOULD NEVER BE CONSIDERED TO BE OR TO BE LIKE A GROUP INSURANCE POLICY OR AN INDIVIDUAL INSURANCE POLICY. WHETHER YOU RECEIVE ANY MONEY FOR MEDICAL EXPENSES, OR WHETHER TOR TO THIS MEMBERSHIP IS NOT AND SHOULD NEVER BE CONSIDERED TO BE OR TO BE LIKE A GROUP INSURANCE POLICY OR AN INDIVIDUAL INSURANCE POLICY. WHETHER YOU RECEIVE ANY MONEY FOR MEDICAL EXPENSES, OR WHETHER TOR TO THIS MEMBERSHIP CONTINUES TO OPERATE, YOU AS THE MEMBER WILL ALWAYS REMAIN LIABLE FOR YOUR UNPAID MEDICAL EXPENSES AND D NOT HAVE ANY LEGAL REGINDENT OR INDEMNIFICATION FOR ANY SUCH EXPENSES FORM THE SEDERA MEDICAL COST SHARING COMMUNITY AND/OR SEDERA, INC. OR ANY OTHER MEMBER OR HOUSEHOLD. THIS IS NOT A LEGALLY BINDING AGREEMENT TO REIMBURSE OR INDEMNIFICATION FOR ANY SUCH EXPENSES FORM THE SEDERA MEDICAL COST SHARING COMMUNITY AND/OR SEDERA, INC. OR ANY OTHER MEMBER OR HOUSEHOLD. THIS IS NOT A LEGALLY BINDING AGREEMENT TO REIMBURSE OR INDEMNIFICATIONE SEDERA INCL., BUT IS AN OPPORTUNITY FOR YOU TO ASSIST OTHER MEMBERS ON THEN YOU ARE IN NEED, TO PRESENT TO YOUR MEDICAL EXPENSES AND DO SHORM AND AND FOR ANY SUCH EXPENSES AND HOUSEHOLDS. AND INTER MEMBERS AND HOUSEHOLDS AS OUTLINES TO INCL., BUT IS AN OPPORTUNITY FOR YOU TO ASSIST OTHER MEMBERS AND/ON HOUSEHOLDS, AND NOT FROM MEDICAL EXPENSES AND HOUSEHOLDS. AND NOT FROM MEDICAL EXPENSES AND HOUSEHOLDS. AND NOT FROM MEDICAL EXPENSES INTO



© 2020 Sedera, Inc. All rights reserved.